

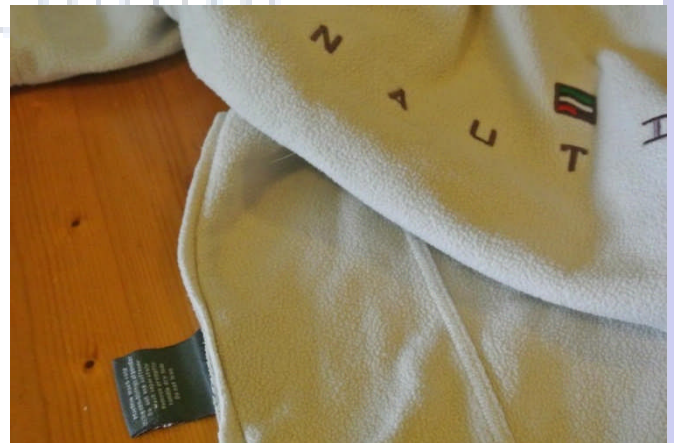
Handmade softball

For sports and fun.



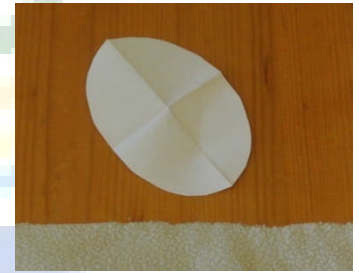
What you need:

- Old fleece sweater
- Other old clothes, sponges
- Old knitting work and treads
- Scissor
- Big needle
- Small piece of paper

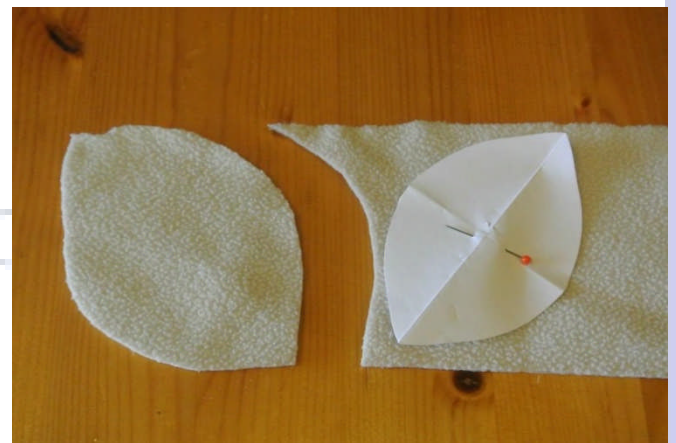


How to make:

1. Cut an eyeform out of the paper (diameters 5 cm – 10 cm).



2. Put the form on your old fleece-sweater and cut 4 pieces out of it.



3. Take your really old clothes, which can't be recycled for good cloths again. For example an old sock.



4. Cut the collar (keep the collars apart).



Tip: if you have wristpain and you must use some ointment, you can use the collars as a wristbandage. The ointment will not get in your cloths and you can use them several times (if you wash them).

5. Cut strings strips of the rest of the sock. Take some more fabric, for example an old t-shirt and cut more strips.



6. Make a ball of the sponge and turn the strips around the sponge



7. Turn the strips around till the ball is big enough. Use the finer fabrics for the last part.



8. Sew the 4 pieces fabric of the fleece together. Put them around the ball and close.



9. Result: a perfect softball. You can use this softball for sports or play with it. You can make others which are bigger, heavier, lighter, smaller, etc.
10. If you "punnik" of the rest of the old knittings a new cord, you can put it on your wrist. If you throw the ball and you don't catch it, you don't need to pick it from the ground.



Idea: Thea van Bokhoven.